

microlife®

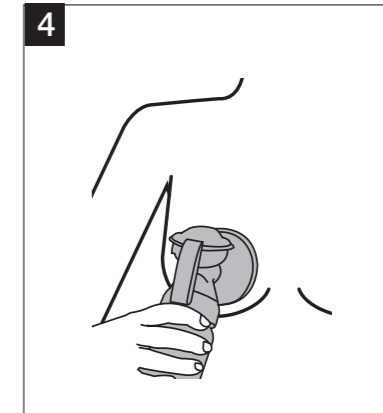


BC100 Soft

Manual Breast Pump

EN → 1

Microlife BC 100 Soft



Globalcare Medical Technology Co., Ltd
7th Building, 39 Middle Industrial Main Road,
European Industrial Zone,
Xiaolan Town, 528415 Zhongshan City,
Guangdong Province, PRC

Donawa Lifescience Consulting Srl
Piazza Albania, 10
00153 Rome / Italy






Microlife Manual Breast Pump BC 100 Soft

EN

- ① Manual pump attachment (2 levels)
- ② Silicone membrane
- ③ Silicone valve
- ④ Silicone cushion (standard size)
- ⑤ Bottle (180 ml)
- ⑥ Bottle holder
- ⑦ Screwed plug for bottle
- ⑧ Adapter for AVENT (the device can also be used with this bottle if desired)

 Follow Instructions for Use. This document provides important product operation and safety information regarding this breast pump. Please read this document thoroughly before using the device and keep for future reference.

Intended use:
This device must be used exclusively for pumping breast milk from nursing mothers. Do not use this device on animals. The device is only intended for domestic/private use, not for commercial use. Please read through these instructions carefully in order for you to understand all functions and safety information.

Dear Customer,
This device allows nursing mothers to express their breast milk easily and in the comfort of their own homes. If not enough breast milk is taken from mothers who have recently given birth, this can lead to the painful build-up of milk, which in the worst-case scenario could cause inflammation of the nipples (mastitis). This build-up of milk can be prevented through targeted expressing of breast milk using the breast pump. In addition, breast pumps help to alleviate cracked or sore nipples. The breast pump also allows you to store breast milk in the bottle, for example if you will be travelling or away from your baby for an extended period of time.

Babies who cannot be breast-fed directly for health reasons (due to a premature birth or cleft palate) can still be given breast milk by using the breast pump.

If you have any questions, problems or want to order spare parts please contact your local Microlife-Customer Service. Your dealer or pharmacy will be able to give you the address of the Microlife dealer in your country. Alternatively, visit the internet at www.microlife.com where you will find a wealth of invaluable information on our products.

Stay healthy – Microlife AG!

Table of Contents

1. **Explanation of Symbols**
 2. **Important Safety Instructions**
 - Safety and protection
 3. **Using the Device for the First Time**
 - Assembling the device
 - Cleaning and sterilising the device
 4. **Directions for Use**
 - Tips to ensure a better milk flow
 - Operating the device
 - Storing the breast milk
 - Feeding with the breast milk
 5. **Malfunctions and Actions to take**
 6. **Guarantee**
 7. **Technical Specifications**
- Guarantee Card (see Back Cover)**

Name of Purchaser _____

Serial Number _____

Date of Purchase _____

Specialist Dealer _____

1. Explanation of Symbols



Follow Instructions for Use. This document provides important product operation and safety information regarding this breast pump. Please read this document thoroughly before using the device and keep for future reference.



NOTE:

Note on important information



WARNING

Warning instruction indicating a risk of injury or damage to health



IMPORTANT

Safety note indicating possible damage to the device/ accessory



Manufacturer



CE Marking of Conformity

2. Important Safety Instructions



Safety and protection

- Follow instructions for use. This document provides important product operation and safety information regarding this device. Please read this document thoroughly before using the device and keep for future reference.
- This device may only be used for the purposes described in these instructions. The manufacturer cannot be held liable for damage caused by incorrect application.
- Keep packaging material away from children to avoid danger of suffocation.
- Keep small parts out of reach of children.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- This device should only be used with original accessories as shown in these instructions.
- For hygiene reasons, the device may only be used on one person. Do not share the device with other nursing mothers.
- The device must only be used on the female breast.

- Never use the device if feeling drowsy or when asleep.
- Never use the device in the bath or the shower.
- Do not use this device if you think it is damaged or notice anything unusual.
- Never place the device in the microwave.
- Never heat up breast milk in the microwave as it may be heated unevenly and could burn your child when they drink it.
- This device must not be used by people with reduced physical, sensory or mental skills or a lack of experience or knowledge.
- Repairs must only be carried out by Customer Services or authorised retailers. Under no circumstances should you open or repair the device yourself, as faultless functionality can no longer be guaranteed thereafter. Failure to comply will result in voiding of the warranty.
- The device requires no calibration.
- No modification to the device is permitted.



WARNING

Child safety

- This device may only be used under adult supervision.
- Always check the temperature of the milk before feeding.
- Inspect the device before each use.
- Do not use any abrasives or anti-bacterial cleaning agents.
- Sterilise all parts that come into contact with the breast milk for five minutes in boiling water.
- Clean the device before each use.
- Make sure that the temperature of the liquid in the bottle never exceeds 50 °C.



Ensure that children do not use this device unsupervised; some parts are small enough to be swallowed. Be aware of the risk of strangulation in case this device is supplied with cables or tubes.



IMPORTANT

When transporting breast milk in the bottle (e.g. when on the move or travelling), make sure that the bottle cap is always screwed on tightly.

3. Using the Device for the First Time



NOTE:

Check that the packaging of the device has not been tampered with and make sure that all components are present. Before use, ensure that there is no visible damage to the device or accessories and that all packaging material has been removed. If you have any doubts, do not use the device and contact your retailer or the specified Customer Services address.

Assembling the device

Once the device has been removed from the packaging, check the plastic containers in particular for cracks.

1. Screw the pump attachment ① onto the bottle ⑤. Ensure the pump attachment is firmly secured so that no liquid can escape (see short instruction).
2. Attach the handle for the manual pump including the silicone membrane by pressing the silicone membrane firmly onto the pump attachment until it clicks into place (see short instructions).

Cleaning and sterilising the device



WARNING

Clean and sterilise the separate parts of the device that come into direct contact with the breast milk individually before first use and any further use.

To sterilise the device correctly, proceed as follows:

1. Unscrew the pump attachment ① from the bottle ⑤.
2. Remove the silicone membrane ② and silicone valve ③ from the pump attachment.
3. Sterilise the bottle and pump attachment (with silicone membrane and silicone valve) for five minutes in boiling water or using a steam steriliser. Do not use the device until all individual parts are completely dry. Do not use any antibacterial cleaning products, since these may damage the plastic on the device.

4. Directions for Use

Tips to ensure a better milk flow

- Choose a time and location to use the device where you can relax.
- Having your child nearby or looking at a picture of your child can have a positive effect on the milk flow.
- If feeding your child using one breast, use the device on the other breast at the same time.
- Warmth and relaxation encourage milk flow. Use the device after having a shower or bath.
- If your breasts are swollen or sore, place a warm towel on them for a few minutes. This will improve the milk flow.
- If the milk does not start to flow from your breasts immediately, try to relax and then try again a few minutes later.
- If the device still does not extract any milk from your breasts after five minutes, stop using it and try again later.
- If you experience any sharp pains when using the device, consult a doctor.

Operating the device

1. Before using the device, wash your hands and breasts thoroughly.
2. Sit with your upper body bent forwards slightly. You can support your back better by using a pillow.
3. Then place the breast shield with silicone cushion ④ gently on the breast. Make sure that the nipple is completely enclosed and there are no air pockets. To ensure proper function, the breast shield must be drawn firmly onto the breast.
4. You can vary the pump intensity on the manual pump attachment ① by selecting between the MIN/MAX markings that can be seen. We recommend starting in the MIN position.



NOTE:

See the pictures at the start of the instruction manual for more information.

Storing the breast milk

Expressed milk can be stored in the fridge or freezer for a certain period of time.

- When storing breast milk, ensure that the device and the bottles are disinfected before usage. Only store breast milk in disinfected containers.
- Store breast milk in the fridge or freezer immediately after expressing. Do not leave breast milk out at room temperature.
- If storing breast milk in the freezer, it is recommended that you mark the bottle with the date of expressing.

WARNING

Observe the storage periods in the following table:

	Room temperature	Refrigerator (approx. 3 - 5 °C)	Freezer (approx. -16 °C)
Recently expressed breast milk	Can be kept for 6 hours	Can be kept for 24 hours (Do not store in the fridge door, as it is not sufficiently cool there)	Can be kept for 3 months
	Room temperature	Refrigerator (approx. 3 - 5 °C)	Freezer (approx. -16 °C)
Defrosted breast milk (that had been frozen)	Use immediately	10 hours	Do not refreeze

Feeding with the breast milk

NOTE:

You can express the breast milk with an Avent bottle before feeding (corresponding Avent adapter is included in the box).

- Prior to feeding, ensure the bottle has been disinfected before filling it with the breast milk that has been stored.
- To defrost breast milk, store it overnight in the fridge, so as to retain the nutrients. Once the breast milk is defrosted, it must be used within 24 hours. Breast milk should only be defrosted in warm water in especially urgent cases.
- If the breast milk smells unpleasant, it should be disposed of immediately.
- Never heat up breast milk in the microwave as it may be heated unevenly and could burn your child when they drink it.
- If heating up the breast milk, check its temperature before feeding it to your baby.

5. Malfunctions and Actions to take

Use following table for solutions if any problem occur.

Problem	Potential solutions
There is no suction from the device.	<ul style="list-style-type: none">• Check all parts of the device are correctly assembled.• Check whether the pump attachment is correctly placed on the breast.
No breast milk is being pumped.	<ul style="list-style-type: none">• Ensure that there is no milk remaining in the silicone valve and obstructing the milk flow.
Pumping the breast milk is causing pain.	<ul style="list-style-type: none">• Try to relax and then attempt it again a few minutes later. As you use the device more and more, you will find it easier to pump milk.• Set the suction level to MIN.• Consult your doctor.
The breast milk is leaking out underneath the silicone cushion.	<ul style="list-style-type: none">• Remove the silicone cushion and re-attach it. Ensure the silicone cushion is correctly positioned and firmly secured to the pump attachment.• Lean your upper body forwards slightly.
Problem	Potential solutions
One of the device components has become altered or damaged.	<ul style="list-style-type: none">• Do not use any corrosive, gaseous cleaning agents or solvents.• In some cases, marked fluctuations in temperature can damage the plastic on the device.• If any of the parts becomes damaged, stop using the device.

6. Guarantee

This device is covered by a **1 year guarantee** from the date of purchase. The guarantee is valid only on presentation of the guarantee card completed by the dealer confirming date of purchase or the receipt.

- The guarantee covers the device. Packaging is not included.
- Opening or altering the device invalidates the guarantee.
- The guarantee does not cover damage caused by improper handling, discharged batteries, accidents or non-compliance with the operating instructions.

Please contact Microlife-service.

7. Technical Specifications

Type:	Manual Breast Pump BC 100 Soft
Dimensions:	200 x 160 x 66 mm
Weight:	135 g
Maximum suction pressure:	-0.32 bar
Operating conditions:	5 - 40 °C 30 - 85 % relative maximum humidity (non condensing) 700 - 1060 hPa ambient pressure
Storage conditions:	-20 - +60 °C 10 - 95 % relative maximum humidity (non condensing) 700 - 1060 hPa ambient pressure

- ▶ Child use and care articles - Drinking equipment according to EN 14350

- ▶ Device for expressing breast milk



The technical specifications may change without prior notice.