

microlife®



BC200 Comfy

Electric Breast Pump

EN → 1

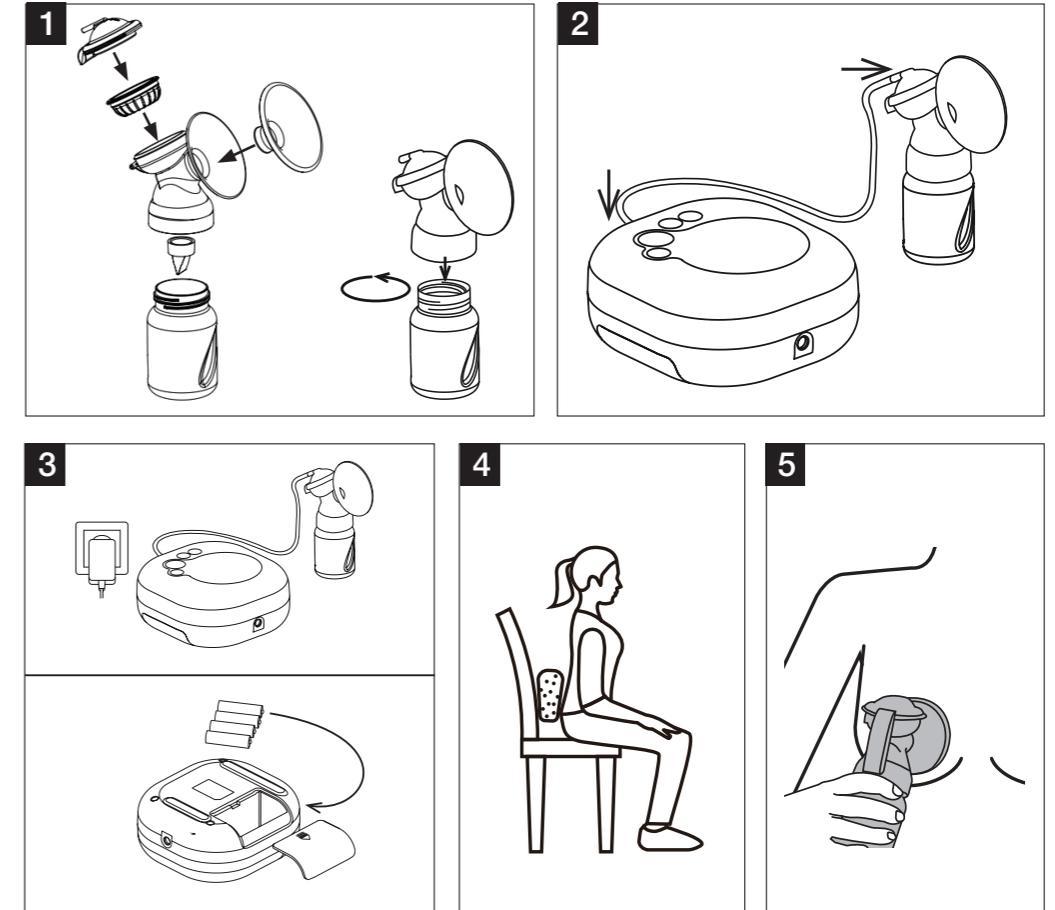
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CE0123

IB BC 200 Comfy EN-PL 4319

Microlife BC 200 Comfy





Microlife Electric Breast Pump BC 200 Comfy

EN

- ① Electric breast pump
- ② Display
- ③ ON/OFF button
- ④ MODE button (change between pumping and stimulation mode)
- ⑤ + button (to increase stimulation or pumping level)
- ⑥ - button (to decrease stimulation or pumping level)
- ⑦ Silicone tube
- ⑧ Pump attachment (with silicone membrane and silicone valve)
- ⑨ Silicone cushion (standard size)
- ⑩ Bottle (180 ml)
- ⑪ Bottle holder
- ⑫ Screwed plug for bottle
- ⑬ Adapter for AVENT (the device can also be used with this bottle if desired)

Display

- ⑭ Battery level indicator
- ⑮ One-sided pumping (press + and - simultaneously for 3 seconds)
- ⑯ Two-sided pumping (press + and - simultaneously for 3 seconds)
- ⑰ Pumping mode (to pump breast milk)
- ⑱ Stimulation mode (to stimulate the nipple - no breast milk is pumped)
- ⑲ Time display (timer for stimulation / duration of use for pumping mode)
- ⑳ Stimulation or pumping level

Intended use:

This device must be used exclusively for pumping breast milk from nursing mothers. Do not use this device on animals. The device is only intended for domestic/private use, not for commercial use. Please read through these instructions carefully in order for you to understand all functions and safety information.

Dear Customer,

This device allows nursing mothers to express their breast milk easily and in the comfort of their own homes. If not enough breast milk is taken from mothers who have recently given birth, this can lead to the painful build-up of milk, which in the worst-case scenario could cause inflammation of the nipples (mastitis). This build-up of milk can be prevented through targeted expressing of breast milk using the breast pump. In addition, breast pumps help to alleviate cracked or sore nipples. You can use the integrated stimulation function to draw out flat or inverted nipples, making it easier to then pump the breast milk. The breast pump also allows you to store breast milk in the bottle, for example if you will be travelling or away from your baby for an extended period of time.

Babies who cannot be breast-fed directly for health reasons (due to a premature birth or cleft palate) can still be given breast milk by using the breast pump.

If you have any questions, problems or want to order spare parts please contact your local Microlife-Customer Service. Your dealer or pharmacy will be able to give you the address of the Microlife dealer in your country. Alternatively, visit the internet at www.microlife.com where you will find a wealth of invaluable information on our products.

Stay healthy - Microlife AG!

Name of Purchaser _____

Serial Number _____

Date of Purchase _____

Specialist Dealer _____

 Follow Instructions for Use. This document provides important product operation and safety information regarding this breast pump. Please read this document thoroughly before using the device and keep for future reference.

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1. Explanation of Symbols



Follow Instructions for Use. This document provides important product operation and safety information regarding this breast pump. Please read this document thoroughly before using the device and keep for future reference.



NOTE:

Note on important information



WARNING

Warning instruction indicating a risk of injury or damage to health



IMPORTANT

Safety note indicating possible damage to the device/ accessory



Type BF applied part



Manufacturer



Class II equipment



Serial number



Reference number



Protection against solid foreign objects and harmful effects due to the ingress of water

CE0123 CE Marking of Conformity



Batteries and electronic devices must be disposed of in accordance with the locally applicable regulations, not with domestic waste.

2. Important Safety Instructions



Safety and protection

- Follow instructions for use. This document provides important product operation and safety information regarding this device. Please read this document thoroughly before using the device and keep for future reference.
- This device may only be used for the purposes described in these instructions. The manufacturer cannot be held liable for damage caused by incorrect application.

- Keep packaging material away from children to avoid danger of suffocation.
- Keep small parts out of reach of children.
- Make sure that cables are not accessible to children.
- Only use the mains plug included in delivery.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- This device should only be used with original accessories as shown in these instructions.
- For hygiene reasons, the device may only be used on one person. Do not share the device with other nursing mothers.
- The device must only be used on the female breast.
- Never use the device if feeling drowsy or when asleep.
- Never use the device in the bath or the shower.
- Do not use this device if you think it is damaged or notice anything unusual.
- Never open this device.
- This device must not be used by people with reduced physical, sensory or mental skills or a lack of experience or knowledge.
- Repairs must only be carried out by Customer Services or authorised retailers. Under no circumstances should you open or repair the device yourself, as faultless functionality can no longer be guaranteed thereafter. Failure to comply will result in voiding of the warranty.
- Never submerge the device in water.
- Never reach for the device if it has fallen into water. Remove the mains plug from the socket immediately if the device has fallen into water.
- Unwind the mains cable fully in order to avoid overheating.
- Never place the device or mains plug in the microwave.
- Never heat up breast milk in the microwave as it may be heated unevenly and could burn your child when they drink it.
- Remove the mains plug from the socket when the device is not in use. Do not leave the device plugged in.
- If the mains cable of the device is damaged, it must be disposed of.
- Keep the mains cable away from hot surfaces.
- The device requires no calibration.
- No modification to the device is permitted.

IMPORTANT

- Never moisten the device with water. It is not protected against water splashes or liquids.
- Do not use this device close to strong electromagnetic fields such as mobile telephones or radio installations. Keep a minimum distance of 3.3 m from such devices when using this device.
- This device comprises sensitive components and must be treated with caution. Observe the storage and operating conditions described in the «Technical Specifications» section.
- Protect it from:
 - water and moisture
 - extreme temperatures
 - impact and dropping
 - contamination and dust
 - direct sunlight
 - heat and cold
- Comply with the safety regulations concerning the electrical devices and in particular:
 - Never touch the device with wet or moist hands.
 - Place the device on a stable and horizontal surface during its operation.
 - Do not pull the power cord or the device itself to unplug it from the power socket.
 - The power plug is a separate element from the grid power; keep the plug accessible when the device is in use.

WARNING

Child safety

- This device may only be used under adult supervision.
- Always check the temperature of the milk before feeding.
- Inspect the device before each use.

- Do not use any abrasives or anti-bacterial cleaning agents.
- Sterilise all parts that come into contact with the breast milk for five minutes in boiling water.
- Clean the device before each use.
- Make sure that the temperature of the liquid in the bottle never exceeds 50 °C.



Ensure that children do not use this device unsupervised; some parts are small enough to be swallowed. Be aware of the risk of strangulation in case this device is supplied with cables or tubes.



IMPORTANT

When transporting breast milk in the bottle (e.g. when on the move or travelling), make sure that the bottle cap is always screwed on tightly.



WARNING

Notes on handling batteries

- If your skin or eyes come into contact with battery fluid, rinse the affected areas with water and seek medical assistance.
- Choking hazard! Small children may swallow and choke on batteries. Store the batteries out of the reach of small children.
- Observe the plus (+) and minus (-) polarity signs.
- If a battery has leaked, put on protective gloves and clean the battery compartment with a dry cloth.
- Protect batteries from excessive heat.
- Risk of explosion! Never throw batteries into a fire.
- Do not charge or short-circuit batteries.
- Use identical or equivalent battery types only.
- Always replace all batteries at the same time.
- Do not use rechargeable batteries.
- Do not disassemble, split or crush the batteries.



Remove batteries if the device is not going to be used for a prolonged period.

Disposal



Batteries and electronic devices must be disposed of in accordance with the locally applicable regulations, not with domestic waste.

3. Using the Device for the First Time



NOTE:

Check that the packaging of the device has not been tampered with and make sure that all components are present. Before use, ensure that there is no visible damage to the device or accessories and that all packaging material has been removed. If you have any doubts, do not use the device and contact your retailer or the specified Customer Services address.

Assembling the device

Once the device has been removed from the packaging, check the plastic containers in particular for cracks.

1. Screw the pump attachment (8) onto the bottle (10). Ensure the pump attachment is firmly secured so that no liquid can escape (see short instruction).
2. Insert the silicone tube (7) into the pump attachment and the device.
3. Connect the device to the mains cable and insert the mains plug into the socket.
4. If you choose to operate the device using batteries, open the battery compartment cover on the rear side of the motor unit. Insert the batteries (4 x 1.5 V, size AA), observing the indicated polarity. Close the battery compartment until you hear and feel it click into place. A single battery charge with 4 x 1.5 V new AA batteries will last for approximately 60 minutes of operation (at the lowest setting).

Cleaning and sterilising the device



WARNING

Clean and sterilise the separate parts of the device that come into direct contact with the breast milk individually before first use and any further use.

To sterilise the device correctly, proceed as follows:

1. Unscrew the pump attachment (8) from the bottle (10).
2. Remove the silicone tube (7) from the pump attachment (8) and from the device.
3. Separate the pump attachment from silicone membrane and silicone valve.
4. Sterilise the bottle and pump attachment (with silicone membrane and silicone valve) for five minutes in boiling water or using a steam steriliser. Do not use the device until all indi-

vidual parts are completely dry. Do not use any antibacterial cleaning products, since these may damage the plastic on the device.

5. Clean the device carefully using a slightly damp cloth only. Do not use any cleaning agents or solvents. Under no circumstances should you hold the motor unit under water, as this can cause liquid to enter and damage the device.

 Remove batteries if the device is not going to be used for a prolonged period.

4. Directions for Use

Tips to ensure a better milk flow

- Choose a time and location to use the device where you can relax.
- Having your child nearby or looking at a picture of your child can have a positive effect on the milk flow.
- If feeding your child using one breast, use the device on the other breast at the same time.
- Warmth and relaxation encourage milk flow. Use the device after having a shower or bath.
- If your breasts are swollen or sore, place a warm towel on them for a few minutes. This will improve the milk flow.
- If the milk does not start to flow from your breasts immediately, try to relax and then try again a few minutes later.
- If the device still does not extract any milk from your breasts after five minutes, stop using it and try again later.
- If you experience any sharp pains when using the device, consult a doctor.

Operating the device

One-sided pumping

1. Before using the device, wash your hands and breasts thoroughly.
2. Sit with your upper body bent forwards slightly. You can support your back better by using a pillow.
3. Then place the breast shield with silicone cushion  gently on the breast. Make sure that the nipple is completely enclosed and there are no air pockets. To ensure proper function, the breast shield must be drawn firmly onto the breast.
4. Press the ON/OFF button  to switch on the device.
5. After switching on the device for the first time, the software will be in the single pump mode and the display will show mode «1»

. This mode should always be selected for one-sided pumping. In case the software starts in mode «2» (two-sided pumping ) , press +  and -  simultaneously for 3 seconds to switch to mode «1».

6. The device will begin automatically in stimulation mode  and a two-minute timer  will appear on the display. During these two minutes, your breast nipple will be stimulated in order to prepare it for pumping the breast milk. Use the + / - buttons   to set the desired stimulation intensity.
7. After the two minutes have passed, the timer will start to flash on the display. Press the MODE button  to begin pumping the breast milk. Use the + / - buttons to select a suction intensity that is comfortable for you. When the milk reaches 180 ml inside the feeding bottle, interrupt the suction.
8. If you want to switch back to the stimulation mode, press the MODE button . The stimulation and the two-minute timer will start from the beginning.
9. Press the ON/OFF button  to switch off the device.



NOTE:

This device includes a memory function, which recalls the last programmed stimulation or pumping level when it is switched on.



NOTE:

This device is also suitable for two-sided pumping. Please refer to the following section «**Two-sided pumping**» for detailed instructions.



This device was designed for intermittent use of 30 min. On / 30 min. Off. Switch off the device after 30 min. use and wait for another 30 min. before you resume.

Two-sided pumping



NOTE:

This device is also suitable for two-sided pumping. The needed accessories to use for two-sided pumping are not included in the model Microlife BC 200 Comfy. If you want to order additional parts to upgrade your device for two-sided pumping please contact your local Microlife-Customer Service.

1. Before using the device, wash your hands and breasts thoroughly.
2. The device  and the 2 bottles  must be connected to the silicone tube for two-sided pumping.

3. Sit with your upper body bent forwards slightly. You can support your back better by using a pillow.
4. Place the breast shields with silicone cushion ⑨ gently on the breast. Make sure that the nipples are completely enclosed and there are no air pockets. To ensure proper function, the breast shields must be drawn firmly onto the breasts.
5. Press the ON/OFF button ③ to switch on the device.
6. Press + ⑤ and – ⑥ simultaneously for 3 seconds to switch to two-sided pumping. The display will show mode «2» ⑩. This mode should always be selected for two-sided pumping.
7. The device will begin automatically in stimulation mode ⑪ and a two-minute timer ⑫ will appear on the display. During these two minutes, your breast nipple will be stimulated in order to prepare it for pumping the breast milk. Use the + / – buttons ⑤ ⑥ to set the desired stimulation intensity.
8. After the two minutes have passed, the timer will start to flash on the display. Press the MODE button ④ to begin pumping the breast milk. Use the + / – buttons to select a suction intensity that is comfortable for you. When the milk reaches 180 ml inside the feeding bottle, interrupt the suction.
9. If you want to switch back to the stimulation mode, press the MODE button ④. The stimulation and the two-minute timer will start from the beginning.
10. Press the ON/OFF button ③ to switch off the device.



NOTE:

The one-sided pump mode «1» or dual pump mode «2» will also be stored. For dual pump mode «2», the silicone tube for two-sided pumping must be connected to the device. (Adapter for two-sided pumping is not included in the model Microlife BC 200 Comfy; please contact your local Microlife Customer Service)

Storing the breast milk

Expressed milk can be stored in the fridge or freezer for a certain period of time.

- When storing breast milk, ensure that the device and the bottles are disinfected before usage. Only store breast milk in disinfected containers.
- Store breast milk in the fridge or freezer immediately after expressing. Do not leave breast milk out at room temperature.
- If storing breast milk in the freezer, it is recommended that you mark the bottle with the date of expressing.



WARNING

Observe the storage periods in the following table:

	Room temperature	Refrigerator (approx. 3 - 5 °C)	Freezer (approx. -16 °C)
Recently expressed breast milk	Can be kept for 6 hours	Can be kept for 24 hours (Do not store in the fridge door, as it is not sufficiently cool there)	Can be kept for 3 months
Defrosted breast milk (that had been frozen)	Use immediately	10 hours	Do not refreeze

Feeding with the breast milk



NOTE:

You can also express the breast milk with a Avent bottle before feeding (corresponding Avent adapter is included in the box).

- Prior to feeding, ensure the bottle has been disinfected before filling it with the breast milk that has been stored.
- To defrost breast milk, store it overnight in the fridge, so as to retain the nutrients. Once the breast milk is defrosted, it must be used within 24 hours. Breast milk should only be defrosted in warm water in especially urgent cases.
- If the breast milk smells unpleasant, it should be disposed of immediately.
- Never heat up breast milk in the microwave as it may be heated unevenly and could burn your child when they drink it.
- If heating up the breast milk, check its temperature before feeding it to your baby.

5. Malfunctions and Actions to take

Use following table for solutions if any problem occur.

Problem	Potential solutions
There is no suction from the device.	<ul style="list-style-type: none"> • Check all parts of the device are correctly assembled. • Check whether the pump attachment is correctly placed on the breast.

Problem	Potential solutions
No breast milk is being pumped.	<ul style="list-style-type: none"> Check that the silicone tube is correctly inserted, the device is switched on and the suction level is not set to the minimum. Ensure that there is no milk remaining in the silicone valve and obstructing the milk flow.
Pumping the breast milk is causing pain.	<ul style="list-style-type: none"> Try to relax and then attempt it again a few minutes later. As you use the device more and more, you will find it easier to pump milk. Set the suction level to MIN. Consult your doctor.
The breast milk is leaking out underneath the silicone cushion.	<ul style="list-style-type: none"> Remove the silicone cushion and re-attach it. Ensure the silicone cushion is correctly positioned and firmly secured to the pump attachment. Lean your upper body forwards slightly.
One of the device components has become altered or damaged.	<ul style="list-style-type: none"> Do not use any corrosive, gaseous cleaning agents or solvents. In some cases, marked fluctuations in temperature can damage the plastic on the device. If any of the parts becomes damaged, stop using the device.
The device will not switch on.	<ul style="list-style-type: none"> Ensure that the device is correctly assembled and switched on as described in this instruction manual. Ensure that the mains part plug is correctly connected to the device.

6. Guarantee

This device is covered by a **2 year guarantee** from the date of purchase. The guarantee is valid only on presentation of the guarantee card completed by the dealer confirming date of purchase or the receipt.

- The guarantee covers the device. Batteries and packaging are not included.
- Opening or altering the device invalidates the guarantee.
- The guarantee does not cover damage caused by improper handling, discharged batteries, accidents or non-compliance with the operating instructions.

Please contact Microlife-service.

7. Technical Specifications

Type:	Electric Breast Pump BC 200 Comfy
Dimensions:	130 x 120 x 57 mm
Weight:	330 g (without batteries)
Maximum suction pressure:	-0.32 bar
Operating conditions:	5 - 40 °C 30 - 85 % relative maximum humidity (non condensing) 700 - 1060 hPa ambient pressure
Storage conditions:	-20 - +60 °C 10 - 95 % relative maximum humidity (non condensing) 700 - 1060 hPa ambient pressure
Power source:	4 x 1.5 V alkaline batteries; size AA
AC adapter:	Input: 100-240V AC 50/60Hz 0.5A Output: 6V DC 1.0 A
Battery lifetime:	500 hours
IP Class:	IP21
Expected service life:	500 hours
Operating limits:	30 min. On / 30 min. Off

- ▶ Useful life of accessories subject to the conditions of cleanliness and conservation
- ▶ Electronic compatibility in accordance with EN 60601-1-2
- ▶ Safety requirements in accordance with EN 60601-1
- ▶ Child use and care articles - Drinking equipment according to EN 14350
- ▶ Unit for suction of breast milk
- ▶ Unit for medium vacuum and low flow
- ▶ Class II equipment (safety insulation)
- ▶ Unit suitable for use in the absence of atmosphere containing oxidising, exploding gases, nitrous oxide



BF type equipment (unit with specific grade of protection against electrical hazards). Unit suitable for use in the absence of atmospheres containing oxidising, explosive gases or nitrous oxide.



The technical specifications may change without prior notice.

